

Innovative Approaches in Metal Complex and Nanomaterial Synthesis; From Fundamental to Application

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Abstract

Due to the existence of unique properties and applications in fields, such as catalysis, electronics, environmental remediation, and biomedical sciences, the synthesis of metal complexes and nanomaterials has turned into the core part of research. Recently established synthetic techniques have made it possible to develop metal-based nanomaterials with controlled size, shape, and surface characteristics-all of which are critical in customizing their reactivity and functionality. This review focuses on state-of-the-art techniques for generating metal complexes and nanomaterials-such as hybrid material formation, top-down and bottom-up approaches, and green synthesis methods. The basic principles behind these approaches, scalability, and their transformation of laboratory results into industrial applications are highlighted here. Their potential in a variety of fields, from drug delivery and environmental sensing to energy storage and conversion, is emphasized, along with issues relating to reproducibility, stability, and toxicity. Future perspectives in the design and exploitation of metal complexes and nanomaterials are also included, with consideration toward environmentally friendly methods and multipurpose systems

Keywords: Metal complexes, Nanomaterial synthesis, Green chemistry, Catalysis, Nanoparticles, Hybrid materials, Environmental remediation, Biomedical applications, Sustainable synthesis, Nanotechnology.

Introduction :-

Nanomaterials are among the most sought-after materials for various beneficial applications. One nanometer can be represented by five silicon atoms or ten hydrogen atoms aligned in a straight line. A material is said to be a nanomaterial if at least one dimension of that material measures from 1 to 100 nm. The precise history of human use of things at the nanoscale is not easy to Cuest.fisioter.2025.54(4):7569-7581

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pinpoint. However, it is true that the use of nanomaterials is not new; they have been historically used by humans without their knowledge for several purposes. One such usage is that of asbestos nanofibers, which were added by man to a ceramic mix about 4500 years ago. One such example is that an ancient Egyptians were aware of PbS nanoparticles and used them in hair dye formulation about 4,000 years ago.2,3 It is also interestingly historic to mention the Lycurgus Cup. The Romans manufactured this dichroic cup during the fourth century A.D. It would appear to be a jade in direct light but would show a translucent ruby red when observed in transmitted light. It changes colors according to the source of light. These color changes are due to the presence of Ag and Au nanoparticles. The most widely studied example of modulating interfacial properties like those of wettability, adhesion, tribology, and biocompatibility is alkanethiol selfassembly onto gold. However, poor integration of functional molecular units with no general fabrication pathway to form increasingly complex, multilayer structures does reduce the utility in many ways of gold-thiol SAM chemistry. However, the availability of the combination of functional molecular components in the vertical direction, which controls multilayer characteristics, offers far more advantages for sequential LbL assembly of many layers. Depending on the type of interaction between the authors in question, their ratios tend to become much more complex. The development of an artificial photosynthetic system has great importance, considering that one of the multifunctional multilayer systems organises the electron transfer converting it into electrochemical potential energy, redox catalytic reaction, etc. as a single functional system. (2,3)

The contemporary industrial advancements and innovations have greatly suffocated the environment most severely because of the poisonous waste usually dumped into ecosystems, causing irreversible damage to infrastructure and the biological world as well. Thus, there must be a fundamental change toward a more sustainable way of seeing such all engineering and technological components. The rapidly growing "nano industry", one of the new sectors, could have a new industrial revolution with the growing influence of nanotechnology. "Nanotechnology" is the science and technology of manipulated or manipulated matter at the molecular and atomic scales for numerous possible uses. Nanoparticles defined as particular solid unit complexes have measured dimensions ranging from 1-100 nm. Nanoparticles have most peculiar features when compared to their bulk counterparts because of their extremely

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diminutive size, which means having a vast surface area. Consequently, the feature of the nanomaterial improves the reactivity and also implies that it possesses specialized properties. These characteristics enable nanoparticles to be useful in various fields such as industrial, biological, and chemical arenas.(4)

Though many organometallic compounds were known before 1950, the synthesis of ferrocene (FcH) is regarded as the hallmark for the birth of that species of organometallic chemistry as it exists today. The realization that transition metal organometallics could be thoroughly understood using the appropriate characterization techniques that were being developed and deployed at that time was coupled with this development.

Metal Complex Synthesis

There are several ways to create metal complexes, such as:

Co-precipitation: This method creates insoluble metal complexes that can be further processed into nanomaterials by combining solutions of metal salts.

Sol-gel techniques: These techniques convert liquids into solid gels, enabling the controlled synthesis of hybrid materials and metal oxides.

Hydrothermal and solvothermal methods: These techniques create metal complexes under controlled conditions by using high temperatures and pressures.

Electrochemical deposition: Using redox processes, it provides exact control over the formation of metal nanostructures.(6)

The concept behind Metallic Nanoparticles:

Nanotechnology and Nano-science

The innovative concept of nanotechnology was first spoken by American physics laureate Richard P. Feynman in his famous lecture entitled, "There's Plenty of Room at the Bottom" during the 1959 meeting of the American Physical Society.(7) Then, since that time his concept of manipulating atoms as units of matter has been validated by classic developments in physics, chemistry and biology thereafter. Hardly two decades after, Norio Taniguchi, a professor at

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Tokyo University, coined the term "nanotechnology" in 1974 to indicate extremely accurate ultrafine dimensions.

He also defined the "top-down approach," by predicting advances and miniaturization in integrated circuits, computer memory devices, optoelectronic devices, and mechanical devices. It is the use of physical and chemical techniques to obtain atomic scale materials from bulk materials. Then after about ten years, K. Eric Drexler established the "bottom-up approach" in his talk about how nanotechnology may be used to make bigger items out of their atomic and molecular components.

Rock and Brian Gan stated that the forming and constructing nanoparticles (NPs), mostly in metals, which involve high property change, are basic areas of nanotechnology (2015). By bottom-up (this including biological and chemical approaches) and top-down (which comprises both physical and chemical approaches), NPs were developed by scientists using a variety of technologies. Biological, green synthesis approaches were found to be safer and environmentally friendly compared to both physical and chemical methods, which cause environmental damages. Provides A to Z information on different approaches and techniques involved in NPs synthesis. Unlike animals, plants produce NPs faster, and also more stable (Irvine and Zolfaghari, 2013).

Nanoparticles in the Industry

The physical characteristics of inorganic nanoparticles (NPs) vary depending on their kind and the synthetic approach used. These characteristics include size-dependent optical, catalytic, electronic, and magnetic properties. For instance, the formulation of NPs such as gold, iron oxides, silica, silver, quantum dots, etc., has used biological methods. (9)

Nanoparticles Denomeric

Solid nanoparticles with a diameter of 100 to 1000 nm, polymeric nanoparticles are mainly lipid-based and prepared from natural polymers like albumin or synthetic polymers like polycaprolactone, polyacrylamide, and polydactylies. These improve the pharmacodynamic and pharmacokinetic properties of various drugs.(10) 1. Lipid solid nanoparticles Lipid nanoparticles Cuest.fisioter.2025.54(4):7569-7581

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(SNPs) were regarded as an advance in drug delivery systems in the 1990s. SNPs are basically corresponding alternative carrier systems for liposomes, polymeric NPs, and emulsions. LIPOSOMES: Spherical vesicles made of one or more phospholipid bilayers. In the food, pharmaceutical, and agricultural industries, they are extensively used as carriers for a range of molecules and encapsulation of insoluble or unstable substances.(11) 2. Platinum Nanoparticle Synthesis Using the Bacteria It is known that both single and multi-celled organisms have the ability to make inorganic material within cells or outside their cellular walls. NPs are primarily produced by bacteria in a reduction manner. Bacterial enzymes are involved in the intracellular signaling cascade in which metal ions are reduced to NP. Convenience of handling forms the bulk of the advantages of NP synthesis through microorganisms. It also renders NP production easily modifiable through genetic engineering approaches to suit particular applications to minimize toxicity and get sustainable NP production. However, tedious procedures coupled with high costs during downstream processing limit the control of size and shape. These include both intracellular and extracellular bacterial extracts for synthesizing metal nanoparticles (NPs), like silver.(13, 14). The isolation of AgNPs from cellular extracts requires a huge amount of downstream processing time. In con

Characterization Techniques

Infrared Spectroscopy

It is identified as infrared spectroscopy, the first strong analytical method for identification and study of chemicals based on infrared radiation interaction. The document covers the key concepts, basic tenets, and applications of infrared spectroscopy. Infrared (IR) spectroscopy is the event that identifies, a particular molecule in terms of the atoms vibrating inside. The sample is irradiated with IR radiation and the (typically) output is the percentage of incoming radiations absorbed at a specific energy which derives an IR spectrum. Means is that any of the vibration frequencies which involve a part of a sample molecule corresponds to the energy under which any peak in absorption spectra occurs. Having one of the following must fulfill an adequate condition for a molecule to exhibit IR absorptions: movement should cause a change on the electric dipole moment of the molecule. Changes in molecular dipoles associated with rotations and vibrations can be used to describe how IR radiation interacts with matter (19)

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In any case, atoms can also come closer or move away from each other varying the lengths of links or displacing itself from the current plane. The types of activities changed are all said to be vibration: bending extension. Bending will be changed by a change in the angle of the bond while the stretching will be changed by length. Different bonds show either a symmetric (inphase) or an asymmetric (out-of-phase) stretching ability. When a molecule has different terminal atoms, then the two stretching modes become asymmetric and antisymmetric vibrations of similar bonds; instead, the proportions of each group's stretching motion will vary. Stated otherwise, the degree of connection will change. It is an important thing in chemobiological research, though, that very simple molecules will have this. One such type is skeletal vibrations, which involve coupling of vibrations throughout the very larger part of the molecule.

1.1. Methods of Sampling

1.1.1 Methods of Transmission:

The earliest and easiest technique is transmission spectroscopy. The technique relies on infrared radiation at particular wavelengths being absorbed as it travels through a material. This method can be used to test substances that are liquid, solid, or gaseous (2). Transmission liquid cells are available in a variety of varieties. Although they cannot be disassembled for cleaning, fixed-path length sealed cells are helpful for volatile liquids. In order to clean the windows, semipermanent cells can be demounted.

One cell can be utilized for different pathlengths thanks to the spacer's variable thickness and typical composition of polytetrafluoroethylene (PTFE, Teflon). A vernier scale enables precise adjustment, and variable route length cells have a mechanism for continuously modifying the pathlength. Before sampling, a syringe is used to fill each of these cell types, and PTFE plugs are used to seal the syringe ports. A cell with a defined path length must be used if quantitative analysis of the sample is needed. The kind of window material is a crucial factor in selecting IR cells. Alkali halides are typically employed in transmission techniques, and the material must be transparent to incident radiation. Although sodium chloride (NaCl) is the least expensive substance, potassium bromide (KBr), calcium fluoride (CaF2), and cesium bromide (CsBr) are also often utilized substances. Films that are liquid Moreover, offer a rapid way to analyze liquid

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samples. Determining the characteristics of metal complexes and their nanomaterials is essential.(21)

1.1.2. Techniques for Microsampling:

Combining IR spectrometers with microscopes enables the study of really small samples. For example, samples on the order of microns are described; ftir microscopy has been making quite some waves lately. The common location of the microscope above the sampling compartment is what ftir microscopy has. The spectrometer directs its infrared radiation onto a sample that is set up on a microscope x-ray stage. A Cassegrain Objective gathers the IR beam after it has passed through the sample, creating an image of the sample inside the microscope's barrel. This image plane has a changeable aperture. Another Cassegrain condenser then condenses the light onto a small area MCT detector. Glass objectives are further features of the microscope which facilitate the visual inspection of the component. The optical assembly mirrors can also be changed for reflection mode, and vice-versa, for transmission mode. There are micrograms or microliters worth of special extra accessory sampling equipment for viewing without a microscope. A beam condenser is used to allow as much travel of the beam through the sample as possible. Microcells of 4 ml capacity and 1 mm length are available. A diamond anvil cell (DAC) compresses the sample with the two jewels to a thickness appropriate to measurement to increase the surface area of the sample.

This can be used to analyze samples under very high and elevated pressures, as well as improve the quality of the spectrum of trace samples. It can also be applied under normal atmospheric pressures. A multiple internal reflectance cell can be employed as an alternative, also yielding brighter spectra

1.1.3. Infrared spectroscopy along with chromatography.

GCIR spectroscopy is essentially an infrared-based chromatographic technique applied in gas chromatography and can be hydrogenated through any of the other methods. Identifying the components eluted from a gas chromatograph can be done using infrared gas chromatography. In gas chromatography, a sample in a gaseous mobile phase is passed through a column with a stationary phase, which may be liquid or solid. Sample retention depends on the interaction and volatility of the sample: the more it binds to the stationary phase, the more it partitions into it and Cuest.fisioter.2025.54(4):7569-7581

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thus the longer time it will take to flow through the chromatograph. At one end of the column, which is housed in an oven, the effluent is monitored while on the other the sample is injected into the column. A common method for linking a gas chromatograph to an FTIR spectrometer uses a heated flow cell - an optical waveguide that allows continuous sampling of the effluent coming out of the GC column. Data are then likely to be acquired as time progresses with interferences recorded at short intervals due to the nature of this technology. This can be displayed in real-time, typically monitored as the shifting spectrum of the GC effluent and the IR absorption altering over time. The latter is called a Gram-Schmidt chromatogram. Ir spectroscopy can also be interfaced with liquid chromatography. A filter, usually a liquid flow-through cell, can be used to eliminate wastewater generated from a liquid chromatograph. FTIR is combined with supercritical fluid chromatography (SFC) for increased detection limits. SFC employs supercritical CO2 as its mobile phase.

1.2. Clinical chemistry using infrared

1.2.1. Thiocyanate quantification in saliva

Saliva is probably the most easily accessible biological fluid, thus giving rise to to very many promising attempts to extract possible diagnostic uses from such a complex material. The most successful development of such technology is the one by which the concentration of sodium chloride in saliva is used as a diagnostic agent for cystic fibrosis. All other compounds in saliva cause significant, very different absorptions; while being such simple inorganic compounds, for example, NaCl, cannot be researched by infrared spectroscopy, they are to be observed with such substances as thiocyanates, proteins, lipids, and carbohydrates. Thiocyanate will thus be converted into the strong antimicrobial compound hypothiocyanite that may help in inhibiting opportunistic microorganisms from infecting the oral cavity. As a byproduct of smoking cigarettes, thiocyanate is also found in the human body and extensively studied as a potential marker of smoking status. An infrared spectrum of saliva-drying film formation a grimy vacuum exposes many absorptions present in all biological fluids, which may be components of saliva which are lipid (2800-3000 cm-'), protein (3300, 1650, and 1550 cm-'), and carbohydrate (1000-1200 cm-') (Fig. 1). In addition, at 2058 cm-', where fortunate spectral region could be devoid from absorptions in the majority of biological systems, well-resolved band of thiocyanate is visible. This absorption could also be seen in dry protein films made by thiocyanate-enriched Cuest.fisioter.2025.54(4):7569-7581 7576

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solutions indicating that thiocyanate in saliva films becomes complexed with proteins. Interestingly, we have also been able to demonstrate that CO produced by metabolism and trapped in dry sheets of biological fluids also seems.

2. Electromagnetic radiation (EMR)

On a basic scale in physics, electromagnetic radiation is defined as everything visible to eyes, from radio waves and microwaves to infrared rays, ultraviolet lights, X-rays, and gamma rays. This is an excellent detailing on the characteristics, types, and uses of electromagnetic radiation. Waves are energy moving in empty space with the speed of light. It consists of mutually perpendicular oscillating electric and magnetic fields concerning each other and the direction in which waves propagate.(29)

Both particle-like and wave-like are features of EMR. Because of this duality, EMR can be defined in two different ways: one is as a 'wave', characterized by its wavelength and frequency, and the other is as a particle, called a photon, whose energy is quantized.

Wavelength (λ): This is usually given either in meters (or in nanometers, for visible light). It is the distance between successive crests of the wave.

Frequency (v): Given in hertz (Hz), it is the number of wave cycles that pass a place in a second.

The speed of light © EMR moves at about 3 x 10^8 m/Sec in a vacuum. The equation $c = \lambda * \nu$ gives the relation of speed with wavelength and frequency.

Based on wavelength and frequency, the electromagnetic spectrum divides into many regions:

Radio waves: these have the longest wavelengths used in communication - from millimeters to kilometers. Microwaves: these range between 1 mm and 1 m and are widely used in radar and cooking. Another example is infrared radiation, which has a wavelength between 700 nm and 1 mm and relates to thermal imaging. Visible light is that small range, approximately 400 to 700 nm, of wavelengths perceivable by the human eye. Ultraviolet light is that spectrum of waveforms from about 10 to 400 nm and is known to sterilize.

3. Visible and UV Spectroscopy

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Usually, UV-visible spectroscopy serves to ascertain the production and stability of metal nanoparticles (NPs) or colloidal particles. Synthesis verification involves measuring sample absorbances in a wavelength range from 230 to 800 nm and is adopted in the analysis of NPs at a wavelength of 1 nm to 100 nm. Valence and electron bands are extremely near to each other for PtNP. Ultra-high resolution TEM images of platinum nanoparticles and their various sizes and shapes, which are produced by different secondary metabolites of plants, are constructed from free electrons. Left panel (a): Terpenes contribute in the formation of platinum nanoparticles. Middle panel (b): Phenolic chemicals contribute in the formation of platinum nanoparticles. Right panel (c): S-containing chemicals contribute in the formation of platinum nanoparticles. (31)

Another use is the qualitative identification of particles in colloidal solutions through UV absorption spectroscopy, besides proving synthesis. The absorption spectra can, in addition, serve in both quantitative and qualitative analyses of the particles and be inferred to ascertain particle sizes. The radiation is measured and interprets the electromagnetic radiation in, or emitted by, a sample when its molecules, atoms, or ions transition between one energy state to the other. Sample testing of NPs is done through their absorption of UV light (200-400 nm), which excites electrons from the ground state into a higher state of energy. Twin choppers, sealed optics, user-friendly operation, and a spectral bandwidth adjustable to 0.2 nm are important features of UV-Vis spectroscopy.(32)

Conclusion

Catalysis, environmental remediation, energy storage, and biomedicine are just a few of the many domains where innovative methods in the synthesis of metal complexes and nanomaterials have greatly expanded both basic research and real-world applications. These materials are now more precise and functional, with improved control over their size, shape, and surface properties thanks to the advent of new synthesis processes like bottom-up manufacturing, green chemical technologies, and hybrid material design. These developments have made it possible to develop more effective, long-lasting, and customized solutions for difficult problems. Examples include increasing medication delivery systems, improving catalytic efficiency, and enabling more sensitive detection in environmental monitoring. For wider industrial and clinical usage,



however, issues with scalability, repeatability, and material stability still need to be resolved. In order to generate more effective, economical, and ecologically friendly applications, future research will probably concentrate on overcoming these obstacles while investigating multifunctional materials and sustainable synthesis processes. Significant advancements in scientific research and technological innovation are anticipated as a result of the ongoing evolution of metal complexes and nanomaterials.

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